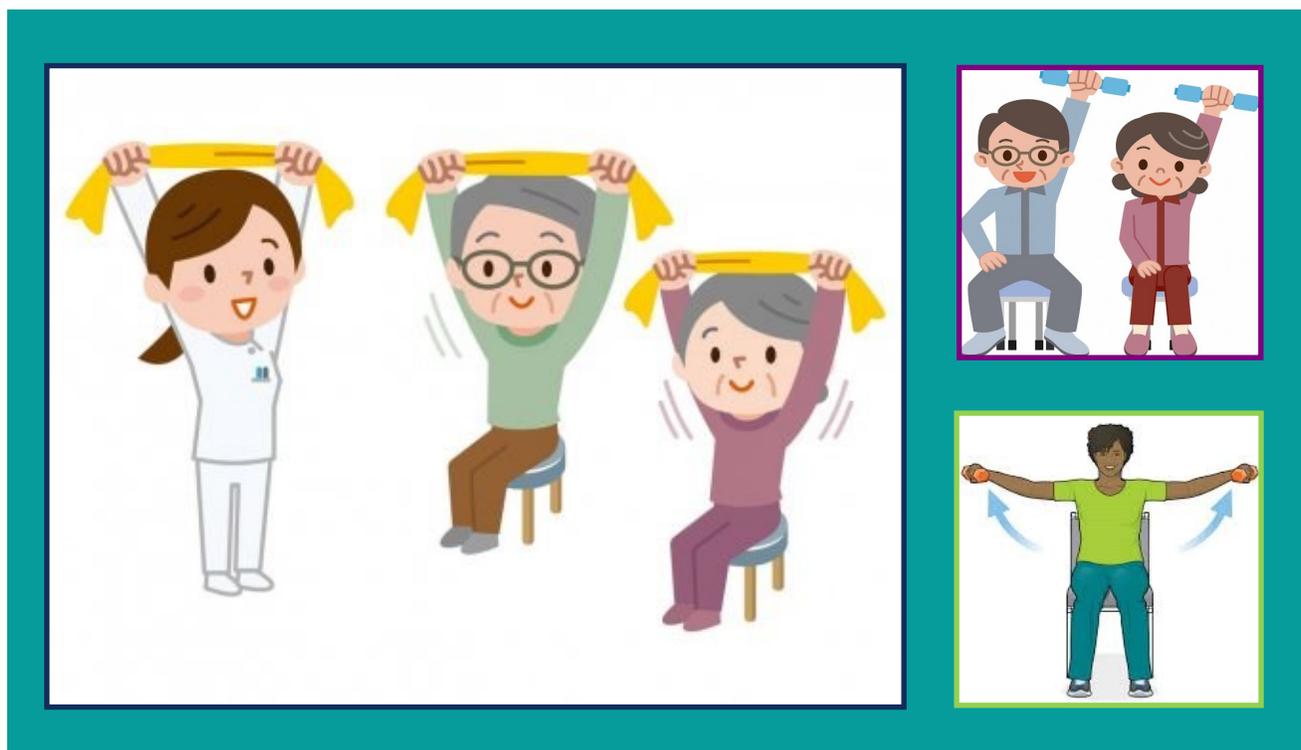


The Soprema Senior Center presents:

# Senior Fitness Class

with   **THE VILLAGE OF St. Edward**  
AT WADSWORTH



**1st & 3rd Mondays at 11:00 am on Zoom**  
**Oct. 5 & 19      Nov. 2 & 16      Dec. 7 & 21**

Join this fun and interactive LIVE fitness class on first and third Monday mornings from the comfort of your home. Learn chair exercises virtually right along with Village of St. Edward residents — it's a perfect way to start your week!

RSVP via email with your name, phone number and "Fitness Class" to the Soprema Senior Center via email to [ssc@wadsworthcity.org](mailto:ssc@wadsworthcity.org) or by phone to **330-335-1513** and you receive a special Zoom invitation to join the fitness fun!