

TIME FOR SOME VIRTUAL JOY!

DON'T WORRY, BE HAPPY!

The Medina County Office for Older Adults Presents:

Make Me Happy Hour

Hosted via Zoom by Cindy McQuown, PCC-S, LICDC

Fridays from 11 am - 12 pm

- Oct. 2 — Show and Tell
- Oct. 9 — Haunted Ohio
- Oct. 16 — Surprise Guest
- Oct. 23 — Paint with Jane
- Oct. 30 — Sing-a-long & Costume Party



*Weekly themes are an opportunity to learn a new skill to build joy! There will also be an opportunity each week to just visit with friends in a separate chat room if you don't want to participate in the theme.

RSVP via email to the Soprema Senior Center at ssc@wadsworthcity.org or by phone to **330-335-1513**. Please include your name, phone number and "Make Me Happy Hour." You will receive a program invitation and meeting instructions.