


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>*ALL PROGRAMS ARE IN PERSON UNLESS MARKED*</p>	<p>1</p> <p>Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 General Caregivers Hybrid (in person & Zoom) 1:00</p>	<p>2</p> <p>Gentle Exercise 10:00 Hearing Screenings by Apt. 10:00 - 3:00 Walking Track 12:00-2:00 Beginner Sign Lang. 11:30 Sign Language II 1:00</p>	<p>3</p> <p>Mah Jong 9:30 Sewing Seniors 9:30-11:00 Autobiography Hybrid 10:00-12:00 (in person & Zoom) Walking Track 10:00-12:00 Bridge 11:00 Alzheimer's Caregivers Hybrid (in person & Zoom) 1:00</p>	<p>4</p> <p>Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00</p>
<p>7</p> <p>Pinochle 11:00 Walking Track 12:00-2:00 Scrabble 1:00 Movie at Wadsworth Library (Remote) 1:00</p>	<p>8</p> <p>Walking Track 10:00-12:00 Wits Workout 11:00 Crafts & Puzzles w/Windfall 11:00 Coupon Clippers 12:00</p>	<p>9</p> <p>Gentle Exercise 10:00 Beginner Sign Lang. 11:30 Walking Track 12:00-2:00 Sign Language II 1:00 Laugh & Learn with Brookdale 2:00 pm</p>	<p>10</p> <p>Mah Jong 9:30 Autobiography Hybrid 10:00-12:00 (in person & Zoom) Walking Track 10:00-12:00 Bridge 11:00 Wadsworth Library Fun 1:00</p>	<p>11</p> <p>Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00</p>
<p>14</p> <p>Pinochle 11:00 Walking Track 12:00-2:00 Scrabble 1:00 Medicare 101 Hybrid (in person & Zoom) 3:00</p>	<p>15</p> <p>Puzzle Club 10:00 Watercolor 10:00 Walking Track 10:00-12:00 Coupon Clippers 12:00 Parkinson's Caregivers Hybrid (in person & Zoom) 1:00</p>	<p>16</p> <p>Gentle Exercise 10:00 Beginner Sign Lang. 11:30 Walking Track 12:00-2:00 Table Talk with Dr. Patel 12:00 "<i>Fibromyalgia</i>" Sign Language II 1:00</p>	<p>17</p> <p>Mah Jong 9:30 Sewing Seniors 9:30 Walking Track 10:00-12:00 Autobiography Hybrid 10:00-12:00 (in person & Zoom) Bridge 11:00 County Assistance (in person by appt.) 2:00</p>	<p>18</p> <p>Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00</p>
 <p>21</p> <p>City Holiday - Center is Closed for President's Day</p>	<p>22</p> <p>Walking Track 10:00-12:00 Wits Workout 11:00 Coupon Clippers 12:00 Cooking with Brookdale Camelot 1:00</p>	<p>23</p> <p>Gentle Exercise 10:00 Beginner Sign Lang. 11:30 Walking Track 12:00-2:00 MCSSN Trivia (Zoom) 1:00 Sign Language II 1:00</p>	<p>24</p> <p>Mah Jong 9:30 Walking Track 10:00-12:00 Autobiography Hybrid 10:00-12:00 (in person & Zoom) Bridge 11:00 Senior Book Club 1:00 (in person & Zoom) Grief Support 2:00</p>	<p>25</p> <p>Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00</p>
<p>28</p> <p>Pinochle 11:00 Walking Track 12:00-2:00 Scrabble 1:00 Dr. Dan "High Blood Pressure" 2:00</p>			<p>See our newsletter for a full list of programs and descriptions, available on our website:</p> <p>www.wadsworthcity.com/SopremaSeniorCenter</p>	