

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Walking Track 12:00-2:00 Scrabble 1:00 Chair Fitness 2:00 Matters of the Heart with Dr. Dan (in person & Zoom) 2:00	Medicare Assistance (in person by appt.) 10:00-12:00 Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 General Caregivers Hybrid (in person & Zoom) 1:00	Yoga (virtual) 9:00 Walking Track 12:00-2:00 Sign Language 1:00 SSC Bonus Bingo (Zoom) 1:00 <i>RSVPs due for Veterans Day event on Nov. 9</i>	Mah Jong 9:30 Sewing Seniors 9:30-11:00 Autobiography Hybrid (in person & Zoom) 10:00-12:00 Walking Track 10:00-12:00 Medicare Assistance (in person by appt.) 12:00-2:00 Alzheimer's Caregivers Hybrid (in person & Zoom) 1:00	Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00 <i>Fall Walking Challenge mileage deadline</i>
8	9	10	11	12
Pinochle 11:00 Walking Track 12:00-2:00 Movie at Wadsworth Public Library (remote) 1:00 Scrabble 1:00 Medicare 101 Hybrid (in person & Zoom) 3:00	Medicare Assistance (by apt.) 10:00-12:00 Puzzle Club 10:00 Walking Track 10:00-12:00 Wits Workout 11:00 Coupon Clippers 12:00 Veterans Event 2:00 & 3:00 RSVP Storytime w/ Wade (Zoom) 3:30	Yoga (virtual) 9:00 Summa Health Hybrid (in person & Zoom) 10:00 Walking Track 12:00-2:00 Lunch & Learn with Brookdale 1:00 Sign Language 1:00	 City Holiday — Staff Off	Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
15	16	17	18	19
Walking Track 12:00-2:00 Scrabble 1:00 Chair Fitness 2:00 pm Soprema Café Opening Day!	Medicare Assistance (in person by appt.) 10:00-12:00 Walking Track 10:00-12:00 Watercolor 10:00 Coupon Clippers 12:00 Parkinson's Caregivers Hybrid (in person & Zoom) 1:00	Yoga (virtual) 9:00 Table Talk with Dr. Patel Hybrid (in person & Zoom) 12:00 Walking Track 12:00-2:00 Sign Language 1:00 Fall Walking Challenge Mileage Reveal 2:00	Mah Jong 9:30 Sewing Seniors 9:30-11:00 Autobiography Hybrid 10:00 Walking Track 10:00-12:00 Medicare Assistance (in person by appt.) 12:00-2:00 WRAAA Bingo (Zoom) 1:00 County Assistance (in person by appt.) 2:00	Bingo 10:00 Make Me H.H. (Zoom) 12:00 Claire's Crafty Friends 12:00 Walking Track 12:00-2:00 Genealogy 2:00
22	23	24	25	26
Pinochle 11:00 Walking Track 12:00-2:00 Scrabble 1:00	Medicare Assistance (in person by appt.) 10:00-12:00 Walking Track 10:00-12:00 Wits Workout 11:00 Coupon Clippers 12:00 Cooking with Brookdale Camelot (Zoom) 1:00	Yoga (virtual) 9:00 Walking Track 12:00-2:00 MCSSN Scategories (Zoom) 1:00 Sign Language 1:00	 City Holiday — Staff Off	 City Holiday — Staff Off
29	30	*ALL PROGRAMS ARE IN PERSON UNLESS MARKED* 12 Days of Christmas: <i>Tickets on sale now!</i>		See our newsletter for a full list of programs and descriptions, available on our website: https://www.wadsworthcity.com/285/Soprema-Senior-Center
Walking Track 12:00-2:00 Scrabble 1:00	Medicare Assistance (in person by appt.) 10:00-12:00 Walking Track 10:00-12:00 Caregiver Event 11:00 Coupon Clippers 12:00 Holiday Decorating Demo 2:00			