


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Please RSVPs for all programs. See our newsletter for a full list of programs and descriptions. You can find it — along with Soprema Senior Center updates, resources and program flyers — on our website: https://www.wadsworthcity.com/285/Soprema-Senior-Center.</p>			1	2
			<p>Welcome Back Orientations (in person) 9:30-10:30, 11:00-12:00, 2:30-3:30 Alzheimer's Caregivers (on Zoom) 1:00</p>	<p>Welcome Back Orientations (in person) 9:30-10:30, 11:00-12:00, 2:30-3:30 Make Me Happy Hour (on Zoom) 11:00</p>
 <p>5 <i>City Holiday—Staff Off</i></p>	6	7	8	9
	<p>Welcome Back Orientations (in person) 9:30-10:30, 11:00-12:00, 2:30-3:30 Watercolor (in person) 10:00 General Caregivers Hybrid (in person & Zoom) 1:00 <i>Walking Challenge miles due</i></p>	<p>Welcome Back Orientations (in person) 9:30-10:30, 11:00-12:00, 2:30-3:30 SSC Bonus Bingo (on Zoom) 1:00</p>	<p>Welcome Back Orientations (in person) 9:30-10:30, 11:00-12:00, 2:30-3:30 Chair Fitness (in person) 9:30 Wadsworth Library Fun (in person) 1:00</p>	<p>Walking Challenge Mileage Reveal (remote) 10:00 Make Me Happy Hour (on Zoom) 11:00 Claire's Needlecraft Group (in person) 12:30 Welcome Back Orientation (in person) 2:30-3:30</p>
12	13	14	15	16
<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Medicare 101 Hybrid (in person & Zoom) 3:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Ask an Attorney (by phone appt.) 1:00 Storytime w/ Wade (on Zoom) 3:30</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Summa Wellness Chat Hybrid (in person & Zoom) 10:00 Yoga (in person) 12:00 Lunch & Learn with Brookdale (in person) 1:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 WRAAA Bingo (on Zoom) 1:00 Active Living (by phone) 2:00 County Assistance (in person by appt.) 2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Bingo (in person) 10:00 Make Me Happy Hour (on Zoom) 11:00 Claire's Needlecraft Group (in person) 12:30</p>
19	20	21	22	23
<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Welcome Back to YMCA Walking Track Program (in person) 11:00 Walking Track 12:00-2:00 Chair Fitness (in person) 2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Watercolor (in person) 10:00 Walking Track 10:00-12:00 Coupon Clip. (in person) 12:00 Parkinson Caregivers Hybrid (in person & Zoom) 1:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Yoga (in person) 12:00 Walking Track 12:00-2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Walking Track 10:00-12:00 Senior Book Club Hybrid (in person & Zoom) 1:00 Active Living (by phone) 2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Bingo (in person) 10:00 Make Me Happy Hour (on Zoom) 11:00 Walking Track 12:00-2:00 Claire's Needlecraft Group (in person) 12:30</p>
26	27	28	29	30
<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Walking Track 12:00-2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Walking Track 10:00-12:00 Master Gardeners Hybrid (in person & Zoom) 11:00 Coupon Clip. (in person) 12:00 Cooking with B.C. Hybrid (in person & Zoom) 1:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Yoga (in person) 12:00 Walking Track 12:00-2:00 MCSSN Scattategories (on Zoom) 1:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Walking Track 10:00-12:00 Fair Districts Presentation (in person) 11:00 Active Living (by phone) 2:00</p>	<p>In-Person Table RSVPs 9:30-11:30, 1:30-3:30 Bingo (in person) 10:00 Make Me Happy Hour (on Zoom) 11:00 Walking Track 12:00-2:00 Claire's Needlecraft Group (in person) 12:30</p>