

AUGUST 2025



CENTER HOURS:

Monday - Friday: 8:30 am - 4 pm

CAFÉ HOURS:

Monday - Friday: 7:30 am - 2 pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Walking Track</i> 12:00 - 2:00	<i>Walking Track</i> 9:00 - 11:00	<i>Walking Track</i> 12:00 - 2:00	<i>Walking Track</i> 9:00 - 11:00	<i>Walking Track</i> 12:00 - 2:00
<p>WAAF Fundraiser at Casa del Rio! ←</p> <p>DON'T FORGET! MONDAY, AUGUST 11 11am - 9pm</p> <p>PLEASE RSVP TO RESERVE YOUR SPOT! *PROGRAMS MARKED WITH AN ASTERISK (*) ARE OFFERED IN PERSON AND VIA ZOOM (HYBRID).</p> <p>More Details at: www.WadsworthCity.com/SopremaSeniorCenter</p>				<p>1 Summer Bingo 10:00 Claire's Crafty Friends 12:00 Genealogy 2:00</p>
<p>4 Pinochle 9:00 Matter of Balance 10:00 Bunco 1:00 Diabetes Support 1:00</p>	<p>5 Canasta 9:00 Bible Study* 9:30 Watercolor 10:00 Coupon Clippers 10:30 BP Checks 12:00 General Caregivers* 12:15 Euchre 1:30</p>	<p>6 Hearing Screenings -by appt. 9:00 Chess 10:00 Gentle Exercise 10:00 Coffee w/ a Cop 11:00 Blind Truth* 1:00 Mexican Train Dominoes 1:00</p>	<p>7 Mah Jong 9:00 Sewing Seniors 9:30 Bridge 11:00 Alzheimer's Caregivers 1:00 Hand and Foot 1:00</p>	<p>8 Summer Bingo 10:00 Claire's Crafty Friends 12:00 Games & Coloring w/ YMCA Kids 12:30 Genealogy 2:00</p>
<p>11 Pinochle 9:00 Matter of Balance 10:00 Ukulele Practice 10:00 Tech Assist w/ MCBDD 11:00 Bunco 1:00 Movie at Wads. Library 1:00 Medicare 101* 3:00 * WAAF Fundraiser at Casa *</p>	<p>12 Canasta 9:00 Line Dancing 9:00 Bible Study* 9:30 Crafts w/ Windfall 10:00 Dance Party 10:15 Coupon Clippers 10:30 Staying Safe Online 11:00 Table Talk w/ Dr. Patel* 12:00 Ask an Attorney - by appt. 1:00 Euchre 1:30</p>	<p>13 Chess 10:00 Gentle Exercise 10:00 Homestead Exemption 11:00 What is your Kumba 12:00 Mexican Train Dominoes 1:00 Trivia w/ Brookdale* 2:00</p>	<p>14 Mah Jong 9:00 Bridge 11:00 Hand and Foot 1:00 Wadsworth Library Fun 1:00</p>	<p>15 SSC Beach Party 11:00 - 1:00</p> <p>Claire's Crafty Friends 12:00 Genealogy 2:00</p>
<p>18 Pinochle 9:00 Apples w/ Andy 10:00 Matter of Balance 10:00 Bunco 1:00</p>	<p>19 Canasta 9:00 Bible Study* 9:30 Watercolor 10:00 Coupon Clippers 10:30 Parkinson's Caregivers* 12:15 Euchre 1:30</p>	<p>20 Chess 10:00 Gentle Exercise 10:00 Healthy Living w/ Humana* 1:00 Mexican Train Dominoes 1:00</p>	<p>21 Mah Jong 9:00 Sewing Seniors 9:30 Bridge 11:00 Hand and Foot 1:00 New Member Meet & Greet 1:00 County Assistance-by appt. 2:00</p>	<p>22 Yoga Gentle Flow 8:30 Summer Bingo 10:00 Claire's Crafty Friends 12:00 Genealogy 2:00</p>
<p>25 Pinochle 9:00 Matter of Balance 10:00 Ukulele Practice 10:00 Tech Café w/ MCBDD 11:00 Bunco 1:00 Monthly B-Day Party 1:00 Papercrafting 101 1:00</p>	<p>26 Canasta 9:00 Line Dancing 9:00 Bible Study* 9:30 Coupon Clippers 10:30 Garden Chat* 11:00 Euchre 1:30 Cooking w/ Bev 2:30</p>	<p>27 Chess 10:00 Gentle Exercise 10:00 Baseball Watch Party 1:00 Mexican Train Dominoes 1:00</p>	<p>28 Mah Jong 9:00 Crafts w/ Marilyn 10:00 Bridge 11:00 Mystery Book Exchange 12:00 Poetry Open Mic 12:00 Hand and Foot 1:00 Senior Book Chat 1:00 Grief Support 2:00</p>	<p>29 Walking Challenge Kickoff 10:00</p> <p>Claire's Crafty Friends 12:00 Genealogy 2:00</p>