

(330) 335-1513

APRIL 2011

Wadsworth Center for Older Adults

MON	TUE	WED	THU	FRI
				1 9:00 Gym Walk 9:00 Coffee with Chaplain Bob 10:00 Bingo
9:00 Income Tax 4 9:00 Open Pool 10:00 Tai Chi 11:00 Nutrition Class 1:00 Cards & Walking 6 & 7 Line Dance	9:00 Gym Walk 5 10:00 Watercolor Class 11:30 Lively Seniors Lunch at D'Agnes's Trattoria Akron 12:30 Caregiver Support 6:00 Ballroom Dancing	9:00 Income Tax 6 10:00 Arthritis Exercise 12:30 Euchre Tourn 1:00 Veterans' Assist 1:00 Gym Walk 3:00 Tai Chi Practice	8:45 Chair Yoga 7 9:00 Gym Walk 10:00 Bible Study 10:00 Euchre Lessons 12:15 Bridge 1:00 Alz. Dis. Support	8 9 9 Gym Walk 10 Bingo 11 BP Checks 6:30-9:00 SENIOR PROM!
9:00 Income Tax 11 9:00 Open Pool 10:00 Tai Chi 1:00 Giving Dolls 1:00 Gym Walk 6 & 7 Line Dance	9:00 Gym Walk 12 9:30 Lively Seniors 10:00 Blood Pressure 11:00 Diabetes Ed. 6:00 Ballroom Dancing <i>Rivers Casino Trip!</i>	9:00 Income Tax 13 10:00 Arthritis Exercise 1:00 Movie Matinee 1:00 Gym Walk 3:00 Tai Chi Practice	8:45 Chair Yoga 14 9:00 Gym Walk 10:00 Bible Study 10:00 Euchre Lessons 12:15 Bridge 2:00 Library Program	15 9:00 Gym Walk 10:00 Bingo
9:00 Gym Walk 18 9:00 Open Pool 10:00 Tai Chi 1:00 Greeting Cards 6 & 7 Line Dance	9:00 Gym Walk 19 8:30 Breakfast Out at Cracker Barrel in Montrose 10:00 Watercolor Class 12:30 Parkinson's Caregiver 6:00 Ballroom Dancing	9:00 Gym Walk 20 9:00 Park Walk 10:00 Arthritis Exercise 12:30 Pinochle Tourn 1:00 Veterans' Assist 3:00 Tai Chi Practice	8:45 Chair Yoga 21 9:00 Gym Walk 10:00 Bible Study 10:00 Euchre Lessons 10:30 Blood Pressure 12:15 Bridge	22 9:00 Gym Walk 10:00 Bingo
25 9:00 Gym Walk 9:00 Open Pool 10:00 Tai Chi 1:00 Flower Class 6 & 7 Line Dance	26 9:00 Gym Walk 9:30 Lively Seniors 1:30 Dr. Lance 6:00 Ballroom Dancing <i>A Little Bit of Cleveland Trip!</i>	27 9:00 Gym Walk 9:00 Park Walk 10:00 Arthritis Exercise 3:00 Tai Chi Practice	28 8:45 Chair Yoga 9:00 Gym Walk 10:00 Bible Study 10:00 Euchre Lessons 12:15 Bridge	29 9:00 Gym Walk 9:00 Homestead Exemption 10:00 Bingo