

(330) 335-1513

FEBRUARY 2011

Wadsworth Center for Older Adults

MON	TUE	WED	THU	FRI
	9:00 Gym Walk 1 10:00 Watercolor Class 11:30 Lively Seniors Lunch <i>at Hudson's in Medina</i> 12:30 Caregiver Support 6:00 Ballroom Dance	9:00 Income Tax 2 10:00 Arthritis Exercise 12:30 Euchre Tourn 1:00 Veterans Assist 1:00 Gym Walk 3:00 Tai Chi Practice	9:00 Gym Walk 3 10:00 Bible Study 10:00 Euchre Lessons 12:15 Bridge 1:00 Alz. Dis. Support	10:00 Bingo 4
9:00 Income Tax 7 9:00 Pool Tourn 10:00 Tai Chi 11:00 Nutrition Class 1:00 Art Deco Cards 1:00 Gym Walk 6 & 7 Line Dancing	9:00 Gym Walk 8 9:30 Lively Seniors 10:00 Blood Pressure 6:00 Ballroom Dance	9:00 Income Tax 9 10:00 Arthritis Exercise 1:00 Movie Matinee 1:00 Gym Walk 3:00 Tai Chi Practice	8:45 Chair Yoga 10 9:00 Gym Walk 10:00 Bible Study 10:00 Euchre Lessons 11:00 Diabetes Ed. 12:15 Bridge 2:00 Library Program	11 10:00 Bingo 11:00 BP & Pulse Ox 
9:00 Income Tax 14 9:00 Pool Tourn 10:00 Tai Chi 1:00 Giving Dolls 1:00 Gym Walk 6 & 7 Line Dancing	9:00 Gym Walk 15 8:30 Breakfast Out <i>at Bob Evans in Wadsworth</i> 10:00 Watercolor Class 12:30 Park Caregiver Support 6:00 Ballroom Dance	9:00 Income Tax 16 10:00 Arthritis Exercise 12:30 Pinochle Tourn 1:00 Veterans Assist 1:00 Gym Walk 3:00 Tai Chi Practice	8:45 Chair Yoga 17 10:00 Bible Study 10:30 Blood Pressure 10:00 Euchre Lessons 12:15 Bridge	18  <i>Pardon the clutter...</i> We're getting ready for the BIG SALE next week!
 21 Center & Nutrition Site Closed  22	1:30 Roundtable-Dr. Lance in Nutrition Site	23 3:00 Tai Chi Practice in Nutrition Site	24 8:45 Chair Yoga in Nutrition Site 10:00 Bible Study in Nutrition Site	25 9 - 4 Rummage Sale 26 9 - Noon Rummage Sale
9:00 Income Tax 28 9:00 Pool Tourn 10:00 Tai Chi 1:00 Art Deco Project 1:00 Gym Walk 6 & 7 Line Dancing				